METRO EXCLUSIVE
A LOOK AT THE CHORNOBYL DISASTER 25 YEARS LATER {page 5}

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Bus. Crash

▶ Police on the scene of a bus crash yesterday evening.

JAMES TURNER/METRO

No word on condition of driver after crash

Police were on the scene of a bus crash on Mathers Avenue yesterday evening, after the bus driver collapsed. Witnesses said the bus, which was carrying students from St. John's Ravenscourt, turned westbound onto Mathers from Waverley Street, went up over the curb and grazed the house. No students were injured. Waverley Street was closed in both directions for about two hours as police investigated.

Distracted drivers put kids at risk

Cyclists, pedestrians also not always safe around schools: CAA

Drivers seen shaving, waxing their eyebrows or reading while behind the wheel were just a few of the lowlights of a road safety survey conducted in a few Winnipeg school zones yesterday.

In an effort to draw attention to the perils of distracted and dangerous driving, CAA Manitoba monitored driving habits outside three city elementary schools.

In a little over an hour, a total of 535 safety infractions were found and witnessed by parents, school staff and officials along with CAA and police representatives, according to the automotive organization.

The infractions seen included — but weren't limited to — school buses making illegal turns and cars being triple-parked on a residential street to drop kids off.

"We also saw motorists stopping in no-stopping zones, dangerous and illegal manoeuvres around school buses and witnessed dozens of distracted drivers talking, texting and worse behind the wheel," CAA spokeswoman Liz Peters said.

JAMES TURNER

Risky Business

- Four school buses spotted making illegal left turns.
- One motorist stopped in the middle of a busy intersection to let their child out of the car.
- Motorists triple parked on a narrow residential street (to drop off kids for school).
- One parent smoking in the car as she dropped off her young children.

Source: CAA Manitoba

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An eco-friendly family home in the British countryside, built for less than $5,000, takes design cues from Tolkien. Photo gallery at metronews.ca/world

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Next step in a BOLD vision

Manitoba BOLD wants a creative campus for artists to share ideas

The Manitoba Performing Arts Centre could unite performance, artistry, filmmaking and new media

ELISHA DACEY
@METRONEWS.CA

The latest BOLD pitch: make Manitoba a creative hub.

While it's hardly a new idea, the goal behind the latest announcement from Manitoba BOLD is to bring together several of Manitoba's creative groups and create a creative campus, perhaps called the Manitoba Performing Arts Centre.

"There was a sense that we needed to pull some things together," said Dave Angus, president of the Winnipeg Chamber of Commerce.

"There are some advantages to having a 'signature' place called a performing arts centre in terms of international branding."

Angus said there's a need to further enhance the creative industries in Manitoba.

This includes artistry, performance, filmmaking and new media.

This can be done, he said, by fostering a community hub that includes affordable housing, amenities, creative meeting spaces and collaborative spaces where artists can exchange ideas.

"Artists like to live with other artists, they like to live with other creative people," said Angus."

Angus said while great strides are being made by the community, according to the Winnipeg Arts Council and Culture Manitoba, during the initial Manitoba BOLD conference, stakeholders tried to "address the gaps" that needed to be filled in order to bring various arts groups together.

Brainstorm

Some ideas to help foster the creative industry in Manitoba.

- Establish the west Exchange District as a tax-increment finance zone to attract developer investment, eventually creating a Creative Campus.
- Establish a Creative Planning Council.
- Establish a Performing Arts Centre in Manitoba.
- Encourage greater arts involvement in youth through a multi-year arts participation program.
- Actively support and recruit creative types to live and work in Manitoba.

ELISHA DACEY/METRO WINNIPEG

▶ Dave Angus lays out a vision for the Manitoba arts community at the Winnipeg Art Gallery yesterday.

Local politicians still ignoring BOLD: Angus

Winnipeg Chamber of Commerce president Dave Angus says the local politicians are still ignoring the vision outlined in the Manitoba BOLD campaign.

"I'm disappointed," said Angus, but added he didn't expect parties to immediately adapt the ideas presented into their platforms.

"I am disappointed in the parties so far in terms of their lack of bold vision and bold ideas. And the reason why I'm really disappointed is that personally, I think elections are supposed to be about exactly that," he added.

"We're not saying these are the only ideas, or that these are the right ideas. What we're saying is, we need to start discussing these elements," Angus explained.

Yesterday's announcement was the fifth of six announcements outlining the Manitoba BOLD platform, which includes ideas for making Manitoba a greener and more business-friendly place.

ELISHA DACEY

News in brief

Multi-focus at election forum

DEBATE. The Winnipeg Chamber of Commerce will host an election forum today at the Convention Centre.

The forum, to be moderated by local columnist Dan Lett, will focus on the economy, transportation and infrastructure, energy and the environment.

A panel with local media personalities Mary Agnes Welch, Jeff Keele and Wab Kinew will present questions to NDP leader Greg Selinger, PC leader Hugh McFadyen and Liberal leader Jon Gerrard.

The debate begins at 12:10 p.m. until 2 p.m. and will be held on the second floor. It is sponsored by the Manitoba Heavy Construction Association and the Universite de Saint-Boniface.

METRO

ELECTION

Liberals release full platform

Manitoba Liberals have released their full election platform and touted it as less expensive than the plans from the other parties.

Leader Jon Gerrard says his promises in the Oct. 4 election campaign would cost $200 million in the first year.

He says that would let a Liberal government balance the budget by 2015 — as the NDP also plans.

The platform contains many items already revealed by Gerrard: funding rapid transit, more money to treat diabetes and keeping tuition increases in line with inflation.

Gerrard also says he would give elementary and high school students credits toward their university tuition. THE CANADIAN PRESS

NDP plan to lure more energy jobs

The Manitoba New Democrats say they would establish a $30-million energy jobs fund to encourage companies to come to Manitoba.

NDP leader Greg Selinger says the fund would provide low-interest loans to companies manufacturing parts for hydro dams, electrical transmission and alternative energy.

The party is also promising to spend $5 million a year on training hydro workers, with a special focus on aboriginal communities.

Selinger says a healthy energy sector would mean thousands of Manitobans would have well-paying jobs. THE CANADIAN PRESS

Government, hydro, sued over flooding

Two Manitoba First Nations are suing the federal government, the province and Manitoba Hydro over massive flooding of their lands.

Peguis First Nation and Ebb and Flow First Nation both filed lawsuits last week.

The two allege water diversion techniques used during this spring's flood caused unnecessary flooding of their reserve, as well as their traditional lands.

In a statement of claim, the First Nations allege their lands aren't suitable for agriculture and are largely unfit for residents living there. They claim an island, which is a traditional ceremonial and burial site, is entirely underwater. THE CANADIAN PRESS

Stadium on schedule, with a lot more leg room

Talks on with Smartpark, local businesses to open parking lots game days

ELISHA DACEY
@METRONEWS.CA

COURTESY WINNIPEG BLUE BOMBERS

▶ The new stadium will feature two jumbotrons — one at each end zone.

The Winnipeg Blue Bombers released more details surrounding the construction of the new stadium yesterday, including assurances that there will be "no trough."

The Bombers' Jeff Thompson spoke of the new amenities the stadium — being built at the University of Manitoba — will have, including 50 per cent more washrooms and more access to parking.

"I am pleased to announce that an agreement is in place with the University of Manitoba ... all University of Manitoba parking lots will be accessible on game days," said Thompson, adding the university will reserve some spots for faculty, staff and students.

The Bombers also launched their Virtual Venue, a 360-degree video animation at bluebombers.com that can show ticket holders what their view of the stadium will be like.

Season ticket holders get first priority seating, Thompson said and will receive letters with more instructions in the mail. They have until Oct. 24 to place a $50 deposit per seat to show intent to buy season tickets for the 2012 season.

Prices for season tickets will range from $196.95 per seat to $795.

The Bombers' Ossama AbouZeid gave an update on the stadium's construction. The building has been blessed by the warm dry summer and things are on schedule, he said.

"Maybe people in Winnipeg are dreaming of a white Christmas, but not me," he said. "I'm really dreaming of a mild winter and a mild spring."

Amenities

- 33,500 seats with the capacity to expand to 40,000.
- Two 30-foot by 110-foot video boards, one at each end zone.
- 250 video monitors.
- Audio piped into the washrooms.
- Six elevators.
- 28 washrooms - 14 men's, 14 women's.
- All washrooms will be wheelchair accessible.
- Cup holders.
- Double the leg room.
- Handrails at all stairways and aisles.
- 4,000-foot retail store.

COURTESY WPS

▶ Walid Abdelhamid

Former doctor pleads not guilty

A man accused of sexually assaulting a teen boy who was recovering at Winnipeg's Children's Hospital has pleaded not guilty.

Walid Abdelhamid, 31, was working as a doctor at the hospital at the time of his arrest in June 2009. A preliminary hearing, to test the Crown's evidence against him prior to any trial, got underway yesterday.

Details of evidence given at his preliminary inquiry cannot be published due to a publication ban. Court will hear three days of testimony and render a decision of whether Abdelhamid should stand trial.

The man fled Canada after being released on bail but was extradited from Greece in May after being arrested at an airport in that country. He spent nearly a year in Greek custody before police were allowed to fetch him. JAMES TURNER

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UNTREATED TREATED

Poverty 'ignored' in election: SPC

The agency wants to see poverty-reduction targets and timelines All-party debate slated for Monday at U of W

JAMES TURNER/METRO

▶ Sid Frankel of the Social Planning Council.

A social agency in Manitoba is urging the federal and provincial governments and the public to respond to the needs of children in the province who live in poverty.

The Social Planning Council (SPC) of Winnipeg said current child and family poverty rates are similar to those that existed 22 years ago when Parliament unanimously resolved to end child poverty by the year 2000.

Sid Frankel, an SPC board member and University of Manitoba professor of social work, said the agency is "alarmed" poverty hasn't become a major provincial election issue.

"All Manitobans, all Canadians, all governments should want to do the morally right thing," Frankel said, adding poverty-reduction efforts aid in reducing overall healthcare and social program costs over the long-term.

"We want to see targets and timelines set for reducing child and family poverty," Frankel said.

In terms of provincial welfare rates, the SPC said they need to be adjusted for inflation to the present value of rates in 1992.

Frankel also appeared to take a shot at the provincial NDP government by invoking the party's 'moving forward' election slogan.

"Unfortunately, we're here saying that we want it to be as good in 1992. In Manitoba, apparently moving forward is moving back.

THE CANADIAN PRESS WITH FILES FROM JAMES TURNER

Hanging. Around

▶ A team of window washers clean the east side of the Manitoba Hydro building in downtown Winnipeg.

JAMES TURNER/METRO

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Recent incidents in France and Japan are reminders of nuclear danger

Editor Melita Kuburas tours ground zero and villages surrounding site of the world's worst nuclear disaster

Into the radiation zone: Metro visits Chornobyl

MELITA KUBURAS
@METRONEWS.CA
IN UKRAINE

Security guards at the entrance to the 30-kilometre exclusion zone have a list of rules for our group as we wait to enter the contaminated area.

"Do not touch anything, wear long sleeves and closed-toe shoes." This is followed by a stern caution from the guide taking UN Development Programme volunteers inside. "Remember, you are not tourists here."

After the recent Fukushima disaster in Japan, the International Atomic Energy Agency announced this week a projected slowdown on the growth of nuclear power. Chornobyl to this day is evidence of what happens when things go wrong.

More than 25 years after the Chornobyl meltdown, about 3,500 people are still required at the plant just to keep safety mechanisms operating. It can't be fully shut down. Another 3,000 work as maintenance, security and decontamination staff outside of it — although they only work two weeks a month, due to high radiation levels.

Standing in front of reactor No. 4, which is enclosed in an aging, rusted tomb called the "sarcophagus," our beeping hand-held dosimeter shows external radiation levels to be about 30 times higher than in the capital, Kyiv.

"But this isn't the most radioactive place we will see," the guide says with a sardonic grin. "I will show you where it's much higher."

This spot turns out to be a patch of moss behind the cultural centre in the abandoned town of Prypiat. The town used to be home to about 50,000 people who evacuated in about three hours the day after the accident.

To avoid panic, residents were told they would be returning to their homes, so they packed light. Their belongings were left to decay, were destroyed in the decontamination process or were stolen by looters. Some personal items are still strewn amid the rubble — Soviet posters, children's books, an old tennis shoe in the Cultural Centre's gymnasium. The town today is just decrepit buildings amid overgrown foliage.

MELITA KUBURAS/METRO

▶ Giovanni Mozzarelli, program officer at the United Nations Development Programme in Ukraine, holds a dosimeter in front of nuclear reactor No. 4 in Chornobyl during a day trip to the exclusion zone on Aug. 30. The external-radiation reading on the beeping dosimeter showed levels to be about 30 times higher than in Ukraine's capital, Kyiv.

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No mourning for dying Olson

Killer's cancer spreads ◐ Many say: Good riddance

Beast of B.C.

- Olson, once dubbed "the Beast of B.C." in media reports, had been serving a life sentence at a maximum-security prison.
- He was handed 11 concurrent life terms in 1982 after admitting 11 killings, which occurred in and around the Vancouver area in 1981.
- The admission followed a deal that paid Olson $100,000 to lead police to the remains of his young victims.
- The case — especially the blood-money payoff — sparked a storm of controversy.

Reports that Clifford Olson, Canada's most reviled serial killer, is just days from death sparked a flood of vitriol yesterday.

A national newspaper was forced to block most of the public commentary on its website — a fitting illustration of how Canada feels about its most notorious criminal.

"A good-news story," wrote one reader.

"His final judgment will be in a higher court," said another.

Victims' families say Olson's last breath will bring some closure decades after his murderous spree.

Sharon Rosenfeldt, the mother of one of his 11 victims, said the weight of Olson's actions has been hanging around her neck like a heavy necklace for three decades.

"I think it will lighten somewhat with his death. Actually, I think it'll lighten quite a bit with his death," she said.

Olson has been moved to a hospital in Quebec and officials have told the family members of his victims that he isn't expected to live out the month.

Rosenfeldt, 65, said she was told by the commissioner for Corrections Canada that the 71-year-old killer's cancer has spread through his body.

THE CANADIAN PRESS

ROY ANTAL/THE CANADIAN PRESS FILE

▶ Clifford Olson is led away from court in Regina on April 4, 1996.

Late-night bid fails, Troy Davis executed

A death-row inmate in the U.S. was executed late last night for the killing of an off-duty police officer in a case that drew worldwide support.

Troy Davis convinced thousands of people — but not the justice system — of his innocence.

Calls for clemency came from ex-president Jimmy Carter, Pope Benedict XVI and others.

Courts consistently ruled against Davis — the last rejection coming from the Supreme Court last night.

Davis' execution had been set for 7 p.m., but the high court's rejection was not issued until after 10 p.m.

Davis' supporters staged vigils in the U.S. and Europe.

THE CANADIAN PRESS

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Deadly typhoon hits central Japan

A powerful typhoon slammed into Japan yesterday, halting trains and leaving 13 people dead or missing in south-central regions before grazing a crippled nuclear plant and heaping rain on the tsunami-ravaged northeast.

Officials at the Fukushima Dai-ichi plant, where engineers are still struggling with small radiation leaks due to tsunami damage, expressed relief that Typhoon Roke's driving winds and rain caused no immediate problems there other than a broken security camera.

"The worst seems to be over," said Takeo Iwamoto, spokesman for plant operator Tokyo Electric Power Co., after the storm passed just west of the plant on its way north.

But the typhoon brought new misery to the northeastern region already slammed by the March 11 earthquake and tsunami, dumping up to 42 centimetres of rain in some areas.

More than 200,000 households in central Japan were without electricity late yesterday. Police and local media reported 13 people dead or missing in southern and central regions, many of them believed swept away by rivers swollen with rains.

The fast-moving storm went past Tokyo in the evening and then headed up into the northeast, where it was losing strength.

In Tokyo, where many rush-hour commuter trains were suspended, thousands of commuters trying to rush home were stuck at stations across the sprawling city.

THE ASSOCIATED PRESS

India. Disaster

▶ Indian villagers evacuated by helicopter from Chungthang arrive at a helipad in Mangan, India, yesterday.

ALTAF QADRI/THE ASSOCIATED PRESS

Death toll mounts in quake

Seventeen people were confirmed killed by landslides yesterday at a hydroelectric project in northeastern India, taking the toll from Sunday's earthquake to 99.

Lawsuit in wrongful conviction

After spending much of his adult life in prison for a grisly murder he did not commit, Kyle Unger is now suing for compensation.

Unger, now 40, is seeking $14.5 million — roughly one million for every year he spent behind bars — plus interest for being wrongfully convicted of killing 16-year-old Brigitte Grenier at a music festival south of Winnipeg in 1990.

THE CANADIAN PRESS

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LISTEN, YOU DON'T WANT TO UPSET THIS TEACHER

HE SAYS ...

JOHN MAZEROLLE
METRO

Hi, kids! I'm here to talk to your class about teachers because they're important people to ... HEY! SHUT UP AND LISTEN!

I'm not a teacher, so I can say that. So no talking, eyes front, iPhones on vibrate, safety on all weapons.

Teachers change your life, kids. They help burst the protective bubble that parents have been building around you in the hope that you would never discover drugs, Darwin or Megan Fox.

Yet some of you give teachers a hard time and ... hey! No cheering!

This is what I mean. Teachers enter the profession filled with idealism but leave the classroom cynical and dispirited — usually by lunch hour.

One in three Canadian teachers leaves the profession after five years. I said NO CHEERING! Most get jobs in more relaxing professions, such as bomb disarmament. "I snip the wires and can feel my self unwind," one former teacher said.

No one cares about teachers, kids — not even adults. A teacher can be in the news because a deranged student bit off his nose, and all the adults watching will think, "Wish I got summers off."

"The problem is teachers have been treating you as allies. Meanwhile, you ripped up the teacher-student contract, made it into spitballs, and fired them through the Empty Pen Casing of Disrespect."

Many teachers have cracked. Unfortunately for you, I have the solution. The problem is teachers have been treating you as allies.

Meanwhile, you ripped up the teacher-student contract, made it into spitballs, and fired them through the Empty Pen Casing of Disrespect.

Well, your reign of terror is over.

See, I remember which teachers got respect. It wasn't the nice ones who wanted to help. Those teachers crumbled like the Wagon Wheels in my packed lunch.

No, the teachers in control were the ones who had an aura of menace: Dr. Dunn, whose title stirred up dread; Mr. Comeau, whose possibly apocryphal history of teenage knife fights awed us all; and Mr. Smith, whose unblinking eyes said, "You cannot comprehend how little I think of you."

The thing is, none of these teachers did anything threatening. They barely raised their voices. But there was always the fear of ... well, we weren't sure, but we knew it would be a Bad Thing.

So get ready, students. I'll be sharing this secret with teachers and they'll be spreading rumours about themselves nationwide. Principal Peterson? He has a punishment called "The Belt Buckle of Death." Miss McIntyre? Out on parole. And don't get Mr. Banner angry. You won't like him if he's angry.

Teachers will regain control, and they'll be able to get back to what they do best: pushing you up a grade regardless of merit.

Now, class, let's open our books to Megan Fox ...

Read more of John Mazerolle's columns at metronews.ca/hesays

Panel **Register at metropolitanpanel.ca and take the quick poll**

What's the best way to celebrate Thanksgiving?

60% PLAY THE ROLE OF GUEST — NO COOKING, NO CLEANUP.

40% PLAY THE ROLE OF HOST AND MAKE A BIG FEAST.

Local tweets

- **@tkoola:** I can remember the time Teemu Selänne was a rookie for Winnipeg Jets. I've even seen him play #smliiga.
- **@bfw75:** Yep the Winnipeg jets are back Woot Woot. And they rock so far!!
- **@KatieBak:** Was smart and brought my umbrella today but it is not raining. #winnipeg
- **@assiniboinezoo:** FREE ZOO WEEKEND! Sat Sept 24 & Sun Sept 25. See the incredible new exhibits + attractions @assiniboine-zoo #winnipeg
- **@CTDucksFan:** The Jets did not 'return' to Winnipeg. It's a totally different franchise. Right? #NHL
- **@funkyfleece03:** #BlueRodeo to play at the #Winnipeg #Jets Kickoff Social Oct 9 before reg. season home opener - THAT will be a PARTY! #Go-JetsGo
- **@BenBrisebois:** @cdnbeer The Forks is probably the best place to kill time in Winnipeg in the middle of the day, unless you like generic malls.
- **@westcoastk8:** Um, duh? "@CTVBC: Do you think the return of the Winnipeg Jets is good for hockey in Canada? #NHL #Jets"

Worth Mentioning

U.S. REAL ESTATE. In America, it's starting to feel as if there are two housing markets. One for the rich and one for everyone else.

Consider foreclosure-ravaged Detroit. In the historic Green Acres district, a haven for hipsters, a pristine, three-bedroom brick Tudor recently sold for $6,000 US.

Yet just 25 kilometres away, in the posh suburban enclave of Birmingham, bidding wars are back. Multimillion-dollar mansions are selling quickly. Sales this August were up 21 per cent from the previous year.

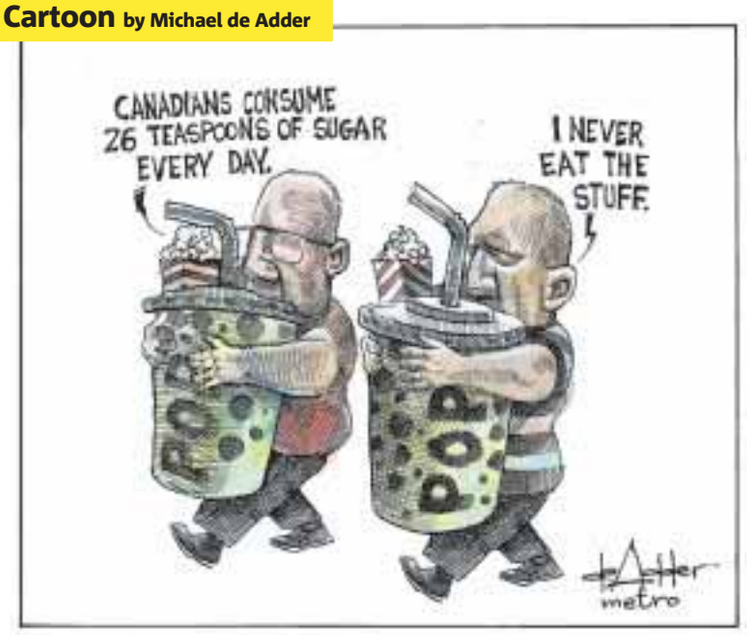
In the luxury sector, the recession is a memory and sales and prices are rising. But everywhere else, the market is moving sideways or getting worse.

In the housing market inhabited by most Americans, prices have fallen 30 per cent or more since the peak in 2007. That's a steeper decline than during the Depression.

Almost a quarter of American homeowners owe more on their house than it's worth. Another quarter have less than 20 per cent equity.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



TORSTAR NEWS SERVICE FILE

WEIRD NEWS

What's in a name? $1 million, apparently

▶ The Tea Party

Windsor-area band The Tea Party may be feeling the temptation to sell the rights to their domain name to the U.S. political movement, according to the CBC.

A Bloomberg Businessweek report says the band's domain name, teaparty.com, could sell for as much as $1 million US.

The band, which split up in 2005, tells Businessweek they are considering auctioning off the domain name, or at least renting it out even though they aren't fans of the political Tea Party movement.

The band's tag line is "No Politics ... just rock 'n' roll." METRO

metro
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APPLE NEWS

Latest iPhone en route?

Apple hasn't said when it will release the next version of the iPhone, but former U.S. vice-president and current Apple Inc. board member Al Gore believes new iPhones will be here in October.

Gore spoke yesterday at the Discovery Invest Leadership Summit in Johannesburg, South Africa. Toby Shapshak, the editor of Stuff Magazine's South African edition, said Gore's mention of "the new iPhones coming out next month" was a plug for the product.

Gore's comments, which Shapshak said he recorded on his iPhone, were reported earlier by TheNextWeb. If Gore is right, that could indicate Apple will introduce more than one model.

An Apple spokesman declined to comment.

THE ASSOCIATED PRESS

Ciggie ads heat debate

A U.S. judge peppered a government lawyer with questions yesterday expressing doubts about whether the Food and Drug Administration can force tobacco companies to post images on their cigarette packages showing the effects of smoking.

At question is whether the nine graphic images proposed by the FDA convey just the facts about the risks of smoking or go beyond that into advocacy.

They include a cloud of cigarette smoke within inches of a baby's face and a dead smoker with surgical stitches in his chest, among others. THE ASSOCIATED PRESS

Fest revelers facing beer rip off: Watchdog group

MATTHIAS SCHRADER/THE ASSOCIATED PRESS

▶ People reach for a mug of beer after the opening of the famous Bavarian Oktoberfest event in Munich last Saturday. The event runs until Oct. 3.

Test finds Oktoberfest visitors are being denied full-size mug suds

A Munich consumer watchdog group says Oktoberfest revelers are being shorted on beer at the famous Bavarian beer festival.

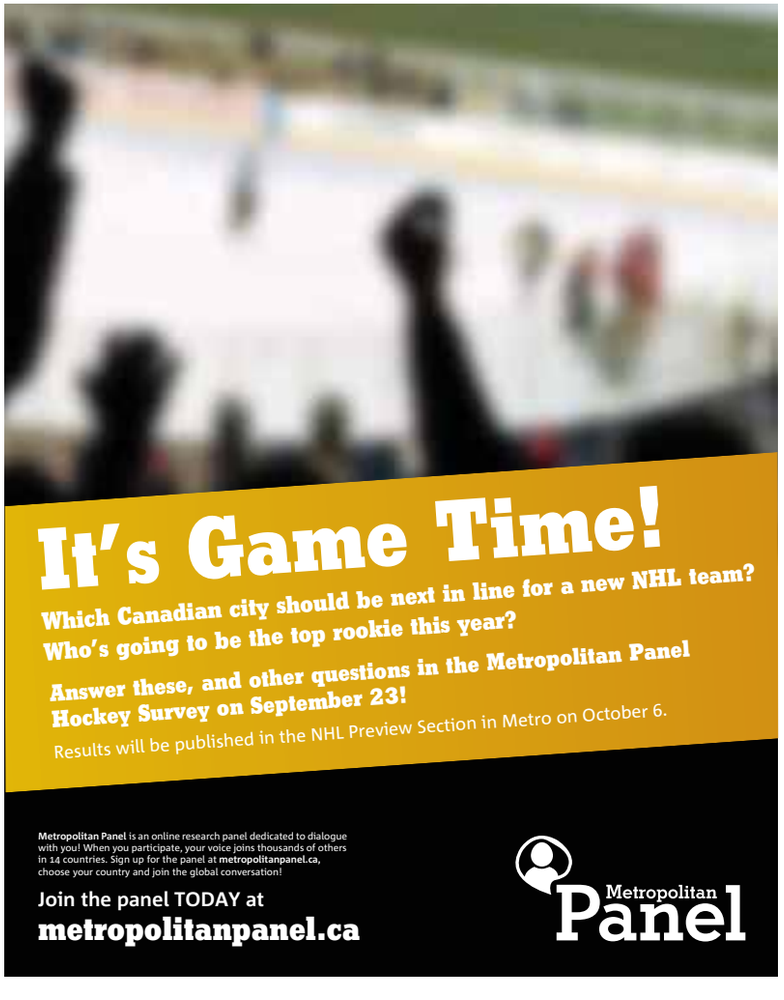
In a test of 100 standard mass mugs conducted by the Association Against Fraudulent Pouring — a group that's been running for more than a century — not one was full, the organization said yesterday.

In tests conducted across a dozen Oktoberfest tents Tuesday, 1-litre (33.8-ounce) mugs ranged from being filled with 24.7 ounces of beer from one vendor to a respectable 31.8 ounces at another.

THE ASSOCIATED PRESS

Sud scene

- More than six million guests from around the world are expected to descend on the beer tents of Munich for this year's Oktoberfest, happening for 17 days.
- Last year, visitors to the fest consumed some 7.1 million mugs of beer.
- Oktoberfest is the world's largest beer festival, running from Sept. 17 until Oct. 3.
- It's one of the most famous events in Germany.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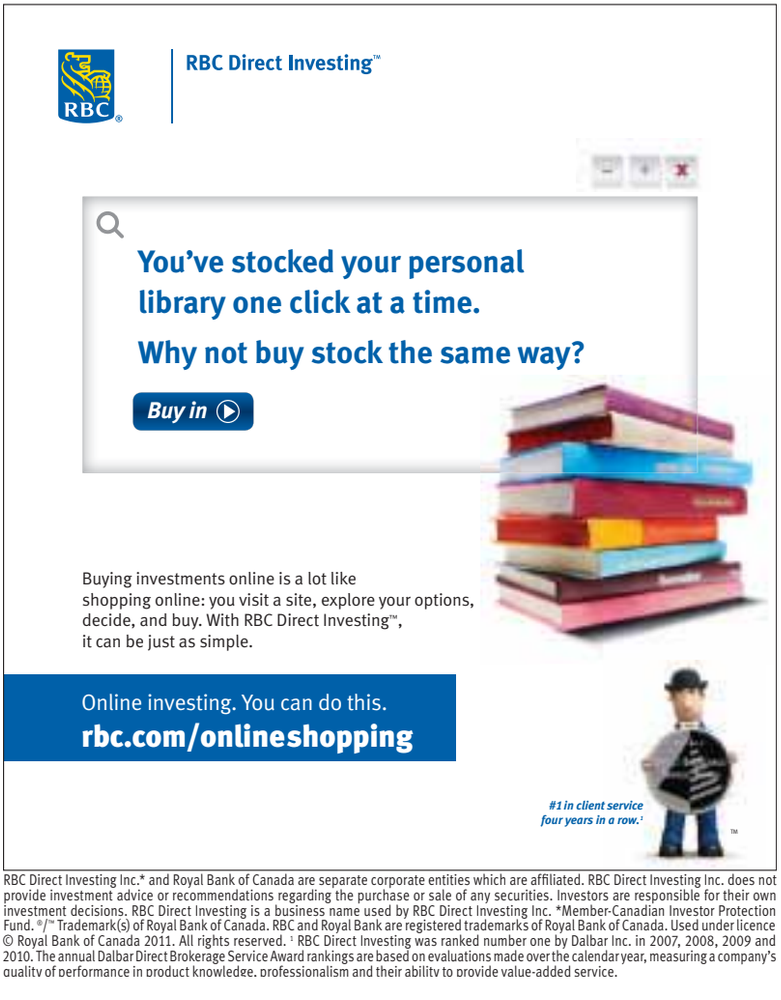
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2 scene

Remembering Nirvana

Local musicians and audiophiles look back on the most influential band of this generation

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG

Twenty years ago Saturday, a little known Seattle band unleashed a grunge grenade, a nuclear naked baby if you will, setting off a flannel explosion with far-reaching effect.

Here are some Winnipeg musicians/music types on the everlasting impact of Nirvana's Nevermind.

Brian Cook, WHY frontman and former radio DJ:

"It set the bar higher. It wasn't good enough to just play "tight" and sing in key anymore. You had to give a part of yourself away. You had to throw your heart bleeding and pounding on the stage. Nevermind did that and still does 20 years later."

Alexander Paradoski, A Waste Odyssey:

"The first songs I learnt on guitar were by Nirvana. They will always affect the way I write music. Music is evolving and there will always be groundbreaking albums, but those as inspirational as Nevermind are rare."

Casey Norman, host of the Power Drive on Power 97:

"In my final year at Bruce Middle School a friend handed me his Walkman to listen to the 'best band ever.' I was into punk rock at the time so I immediately gave it the thumbs down. It took me more than a few years to acknowledge that of all the '90s buzz bands, Nirvana was actually pretty punk...and I always turn up Breed when it's on Power 97."

HANDOUT

▶ Nirvana, 20 years later, is still remembered as the most influential band of that era.

Alana Mercer, The Gunness, The Blowholes:

"Nirvana was always played (at school parties) because it was the only thing everyone could agree on. Well, that and Gangsta's Paradise. We all acknowledged the fact that something about this band made us want to pull ourselves out of our skin."

Young Mike, host of Locals Only on Hot 103:

"I first heard Smells Like Teen Spirit at my first teen dance in 1995. It was angst, it was rage and it was fun. The boys ventured from their respective side of the dance floor and hurled their bodies into each other while the girls looked on in confusion, anxiously awaiting Whigfield's Saturday Night."

Randy Frykas, documentary filmmaker/music video director:

"One thing I love about Nevermind is the solid rhythm section of Dave Grohl's drumming and Krist Novoselic's bass. The rhythm section is usually my deal breaker with bands."

Rusty Matyas, Imaginary Cities:

"The first time I heard that classic drum fill into Smells Like Teen Spirit I knew it was something special. It helped me graduate from The Little Mermaid soundtrack to big boy music."

Johnny Sizzle, musician, CKUW DJ and former host of Johnny Sizzle's Entertainment Watch on Shaw TV:

"I liked how the lyrics of Smells Like Teen Spirit made sense yet didn't make sense. I also liked how I could figure out the main chords of the song. 1992 was a rather profitable year for street busking. The fun I had!"

Neil Young

Neil Young's taking a look at his life for a new memoir.
The tentatively titled Waging Heavy Peace is scheduled for release in fall 2012, according to an announcement from publisher Blue Rider Press issued on Tuesday.
THE ASSOCIATED PRESS

Saskatchewan-born jazz musician wins John Lennon music writing competition

HANDOUT

▶ Sarah Michelle Gellar

Multiple personalities

Sarah Michelle Gellar's new role in Ringer has her jumping wardrobes

AMBER RAY
SCENE@METRONEWS.CA
METRO WORLD NEWS IN NEW YORK

Fans of Sarah Michelle Gellar have double the reason to tune in to her new drama, Ringer. In this relationship-driven thriller, the former Buffy the Vampire Slayer star plays identical twins — Bridget, a former addict who is on the run after witnessing a murder, and Siobhan, a New York City socialite with a seemingly perfect life. When Siobhan goes missing after the estranged sisters had just begun to reconcile, Bridget assumes her twin's identity, only to learn Siobhan was hiding more than a few dark secrets of her own.

That essentially means Gellar is playing three characters in the series — Bridget, Siobhan, and Bridget-pretending-to-be-Siobhan.

She's got a clear favourite

"Whoever has the best wardrobe at the time," Gellar jokes.

Of course, it's a little more complex than Gucci versus Gap. Gellar relates playing the sisters to parenting children since "you have to love each one individually and understand (the one you're playing at the time)," she explains.

Ringers airs Fridays on Global.

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Proving herself

- Detective Jane Timoney has plenty of critics, particularly the men in her squad
- But star Maria Bello has nothing but love for her new drama, Prime Suspect

AMBER RAY
SCENE@METRONEWS.CA

Make no mistake — Global's Prime Suspect is not a remake of the classic British crime thriller starring Helen Mirren.

Aside from title, what it borrows from its overseas counterpart is a strong, yet flawed, central character determined to prove she's a damn good homicide detective, no matter what the men in her squad think of her.

On the eve of the big premiere, we caught up with star Maria Bello, who plays Detective Jane Timoney with an absorbing wit and attitude — thanks in part to her very own addiction to the costume.

"I think Jane's unapologetic. She's direct, she's honest to a fault, perhaps. She is impatient. She wants what she wants and she loves her job."
MARIA BELLO ON HER CHARACTER IN PRIME SUSPECT

Does the title Prime Suspect help create buzz or draw criticism from fans of the British series?
You know, we've been so lucky in a way. People have recognized immediately that it's a way different show. So then the comparisons stop.

Did you have any apprehensions stepping into this role?
Before I took the job, I said no to it. I was scared of being put in some sort of a box and not being able to be collaborative or creative, which often happens in TV. I didn't want to not see my son; my friends who work on these kinds of shows sometimes work 14 or 5 hours a day. I met the producers — Pete Berg, Sarah Aubrey, Alex Cunningham, they're so brilliant — and they said to me, "It won't be like that. We trust you to create this character how you see this character and collaborate with us. And you'll never work more than 12 hours a day and you will have a life." And they've lived up to their promises and it's just the most extraordinary job I've had.

Can you talk about making Jane Timoney your own character? Details like her scarves and the hat and smoking — how much input did you have in those little things that are so much a part of her?
The brilliant Amy Stofsky, the costume designer, she and I had the exact same idea for the clothing, which is an updated Katharine Hepburn.

You know, that kind of male-female look that she's really feminine, but at the same time wears these kind of sexy men's clothes. And I went in that direction and at first the (producers) were like, "Well, uh, I don't know." But I really fought for it and said, "Listen, she has her own style. I know great policewomen, as well as men, who have great style." It's not like every policewoman has to run around in gray pants suit and high heels and red lipstick. You know, it's not like that everywhere. Jane does have her own style.

HANDOUT

▶ Maria Bello stars in Prime Suspect, which airs tonight on Global

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$500 CASH BONUS[§]

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LAST CHANCE CLEAROUT

Sportage SX shown

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2011 SOUL 1.6L MT

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LAST CHANCE CLEAROUT

International model shown[Ω]

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Financing example based on 2011 Kia Sportage (SP55AB)/2012 Kia Rondo (RN75C) 2)/$345 with a down payment/equivalent trade of $0. Cost of borrowing is $0/$466, for a total obligation of $22,279/$20,700. Delivery and destination fees ($1,650), other fees ($30), OMVIC fee, Environmental Fee and A/C tax (where applicable) are included. Licence, insurance, applicable taxes, variable dealer administration fees (up to $699), PPSA and registration fees are extra. Financing examples include $1,500/$1,500 (includes $500 cash bonus* offer) loan credit. Retailer may sell for less. urchase financing offers on select 2011 and 2012 models on approved credit (OAC) (2011/2012 Sportage/Sorento/Sedona/Borrego excluded). No interest will accrue during the first 90 days of the finance contract. After this period, interest starts to accrue and the purchaser will repay the principal interest monthly over the term of the contract. ◆Bi-weekly finance payment for 2011 Soul (SU2510B) is $89 and is based on an MSRP of $16,179 with an APR of 0% for 84 months. Loan credit of $1,500, applicable) are included. Licence, insurance, applicable taxes, variable dealer administration fees of up to $699, PPSA and registration fees are extra. Retailer may sell for less. See dealer for full details. ‡Loan credit (cash savings) for 2012 Kia Sorento LX AT (SR75BC) is $1,750 (includes $500 loan credit, $750 loyalty bonus[¥] and $500 cash bonus[§] offer), and is available on purchase financing only on approved credit (OAC). Loan credit varies by model and trim. ¥Loyalty Bonus offer available on W Sorento. Loyalty Bonus offer applicable to cash purchase, lease and purchase financing only before September 30, 2011. Offer is transferrable within same household only (must provide proof of address). Limit of one bonus per customer or household. Certain restrictions apply. See dealer for details. ††FlexChoice Financing for 36-, 48- and 60-month terms on approved credit through TD Financing Services is available at participating dealerships to qualified retail customers on select new ntract term, resulting in higher payments than payments taxed on a periodic basis, and are not reflected in advertised payments. The following terms apply to TD Financing Services contracts. Vehicles are financed over a 36-, 48- or 60-month term with payments amortized over a term of up to 96 months and the pre-determined residual balance payable at the end of the contract. At contract's end, customers have the choice of: (i) returning their vehicle through a Kia dealership with no ges if exceeding 24,000 km per year allowance); (ii) financing the remaining balance for the rest of the amortization period at then-current standard rates; or (iii) paying the residual balance indicated on the bill of sale in full. Some conditions apply. FlexChoice Financing offered by TD in Quebec is subject to different terms and conditions. All advertised FlexChoice Financing offers are TD offers. Delivery and destination fees (up to $1,650) are included. Taxes, licence, insurance, registration, es are not included. FlexChoice Financing is provided on approved credit through TD Financing Services. Your Option Date is set out on your TD Financing Services Payment Advantage Loan Certificate (the "Certificate"), which contains the terms and conditions governing your Return Value Option. If you exercise your Return Value Option, a return fee of $599 must be paid by you (not applicable in the province of Quebec) and you will be responsible for excess kilometre charges, excess wear to then-applicable TD Financing Services rates and fees. Retailers may sell for less. See participating retailers for complete details. Representative example based on 2012 Forte5 (F05SOB) with a purchase price of $18,384, financed at 2.49% APR over 48 months with $0 down, bi-weekly payments of $220 for a cost of borrowing of $940 and a total obligation of $6,159. Includes delivery and destination of $1,455, other fees ($34), OMVIC fee, Environmental Fee, A/C tax (where applicable) and dministration or other applicable fees or charges are not included. Dealer may sell for less. See dealer for details. ^Highway/city fuel consumption of these vehicles may vary. These estimates are based on the Government of Canada's approved criteria and testing methods. Refer to the Government of Canada publication *EnerGuide Fuel Consumption Guide*. ^2011 Kia Soul/2011 Kia Sorento awarded the Top Safety Pick by the Insurance Institute for Highway Safety. The award is applicable to e awarded Car of the Year by Motoring 2011 for Best SUV/CUV (under $40,000) and overall Car of the Year. 2011 Kia Forte5 awarded 2011 Best Small Car Of The Year (over $20,000) and Best Hatchback by Motoring 2011. Visit www.motoringtv.com for full details. ΩThe Bluetooth® word mark and logo are registered trademarks and are owned by Bluetooth SIG, Inc. Some conditions apply to the $500 Grad Rebate Program and $750 Kia Mobility Program. See dealer for details. Information in this overage, visit kia.ca or call us at 1-877-542-2886. Kia Canada is the official automotive sponsor of Mothers Against Drunk Driving (MADD Canada). KIA and FlexChoice are trademarks of Kia Motors Corporation.

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Brad's marriage comments have team Jen fuming

Source says Aniston's handlers 'went ballistic' after Pitt's interview appeared in Parade Magazine

PHOTOS: GETTY IMAGES

▶ Brad Pitt and Jennifer Aniston during happier times.

Jennifer Aniston wasn't pleased with ex-husband Brad Pitt's comments to Parade magazine about their marriage last week, according to Us Weekly.

"She was annoyed. She thought it was rude and inappropriate," a source says.

But her team of handlers and publicists "went ballistic" — and haven't been satisfied with Pitt's mea culpa after the fact, according to another source. "No one believes his words were taken out of context. He said what he said," the source says. METRO

Beyoncé has the baby glow

Beyoncé is enjoying every moment of being pregnant, she tells CNN UK.

"I am having so much fun, it has been the most fun time now that it has been announced," says the singer, who unveiled her baby bump at last month's MTV VMAs.

"It was really difficult to conceal.

"But now I can be proud and excited about it. I'm having so much fun shopping.

"It's great!" METRO

SJP talks to herself

Sarah Jessica Parker has a foolproof way to cope with stress, but she's embarrassed about it.

"I talk to myself. Constantly," she tells People magazine.

The mom of three also say she's been learning a lot about parenting — even if it isn't sticking.

"I now know how much time it really takes to get the kids up in the morning," she says.

"But I still do it at the last minute, so there you go. I've learned nothing." METRO

Pattinson eyes music

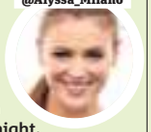
Robert Pattinson is reportedly gearing up to embark on a music career, according to Us Weekly.

"Rob has been kicking a few original songs around for a long time, but his schedule didn't allow it," a source says. "Now he's got some weeks to get everything in line before going back to promoting Breaking Dawn."

And apparently it's an activity he's been yearning for. "Music is his first love," says a second source. METRO

Celebrity tweets

@Alyssa_Milano



"Good morning /afternoon /evening/night. Wherever you are in your day, I hope you're laughing."

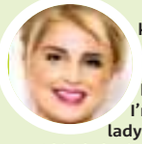
@WilliamShatner

"I'm doing a series of one-man shows across Canada starting in October."

@hughhefner

"I won't be making any guest appearances on The Playboy Club, because the show is set in the early 1960s."

@MissKellO



"Why do I keep reading articles that I have a boyfriend? I'm a single lady & to be honest kinda loving it!"

▶ Rosie O'Donnell

Rosie has a new lady in her life

It isn't just her upcoming talk show on Oprah Winfrey's network that has Rosie O'Donnell smiling.

The outspoken host also reportedly has a new lady in her life, according to People magazine. O'Donnell stepped out recently with new girlfriend Michelle Rounds, walking the red carpet with her at the annual Rosie Theater Kids Gala in New York City.

"They met at a Starbucks a few months ago," a source says. "They are adorable together and are very, very happy." METRO

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Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker: Wandered into Mosheta on Queen W + advised a woman on toenail colour! OPI 'Chat Room Rendez Vous'

- @hommesurlalune That's where I go! Forcing Fall on my fingers ;) xo
- **@Jeanne_Beker** Very cool!!! Especially for those who have a hard time choosing a colour.

▶ A perfect pedicure at Mosheta

▶ The fancy fingers of hommesurlalune

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV.
JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

London at its best

- Famous faces, fabulous frocks and fête-happy fashionistas flooded London this past week in search of the swankiest shows
- We honour four of London Fashion Week's greatest hits

GETTY IMAGES

BEST TAKE ON SPORTY: NICOLE FARHI

Spring's biggest trend has looked a bit young and junior at some shows. But Farhi made it look clean, polished and cool for 9-to-5ers who can't necessarily get away with wearing see-through mesh jerseys and patchwork leggings in the office. Her clean, crisp, minimalist shorts, blouses and dresses in white- and lemon-coloured cotton made a strong case for simplicity.

GETTY IMAGES

BEST PARTY ATMOSPHERE: TOPSHOP UNIQUE

Philip Green's high street extravaganza feels like a hotter and hotter ticket with each season. A pre-show cocktail hour filled with snacks, bubbly and famous faces (Anna Wintour, Naomi Campbell and Kelis) set the stage for what ended up feeling like one big party. The clothes were a clever mix of urban street wear and opulent Egyptian references.

CATWALKING.COM

NEW NAME TO KNOW: J.W. ANDERSON

The Brit has only been designing women's wear for a little over a year, but is already on the tongues of nearly every major editor. The biggest selling point: Unusually constructed clothing that boasts rarefied craftsmanship, at affordable prices. Keep an eye out for his patchworked leather, mesh and cotton jackets and trousers.

GETTY IMAGES

BIGGEST CROWD PLEASER: CHRISTOPHER KANE

He showed a subversive take on those lady-like, A-line brocade dresses that dominated the '60s by slicing them and inserting sheer panels, tricking them out with crystal embroidery and plastering them with plastic flowers (kind of like your grandmother's old shower curtains.) They were expertly constructed and looked unlike anything else shown in the past two weeks.

KENYA HUNT

3 life

Top of the Totes

MARNI
Foulard tote
$295, marni.com

DIANE VON FURSTENBERG
Brenda tote
$150, dianevon furstenberg.com

West Hollywood moves toward ban on fur sales but leather isn't affected

Blast from the past

’70s silhouettes and ’60s preppy highlight fall style trends

ANDREAS SJÖDIN/H&M PHOTO

▶ Thick-knit sweater with leather sleeves, $69.95, and blanket scarf, $59.95, from H&M.

STEPHANIE ORFORD
FOR METRO

Don’t let the Indian summer fool you, fall is just around the corner and it’s time to dress the part. Frankly, with these trends afoot we can’t wait for the leaves to start falling.

Karen Richter, Showroom Manager for H&M Canada, shared her top fall/winter trends for 2011.

The ’70s

Womanly silhouettes define the ’70s fashion revival this season, like skirts and dresses that hit below the knee. Wide-legged dress pants can be paired with a blouse that ties in a large, floppy bow at the collar. Go for a relaxed tailored look with a trench coat worn over flared dress pants or jeans. Key colours are camel, cognac and orange.

The ’60s

This look is more preppy and girlish with short and straight silhouettes. The A-line shift dress is a key piece, and is best worn with a high-heeled loafer and classic accessories like a multitude of jangling metal bangles. Important colours are beige and navy with bright pink, mustard or orange accents.

Glam

Think rich colours and textures. Expect dramatic black and jewel tones — like crimson, emerald, cobalt — in sumptuous fabrics like satin, velvet and silk fringe.

Wear this look now in black and deep red nail colours. The trend will become more visible in clothing as the holiday season approaches. Important pieces for women include the men’s style tuxedo and the kimono jacket.

Flower power

The floral prints that have sprouted up in seasons past show no signs of withering. Warm up the fall chill with vibrant flower print shirts, pants, dresses, or shoes.

Layering

This trend is perfect for cold Canadian winters. It’s all about volume — piling on layers and layers of knits. A tunic worn over loose trousers, or a chunky knit sweater dress over wool leggings is great for keeping warm this season, especially when topped with a coat, boots and a shearling hat.

Faux fur

It’s a big trend this season. H&M will be selling a wide range of faux fur garments and accessories including jackets, vests, faux fur trimmed sweaters, coats, and even bags and boots. Off the runway, the trend is best worn in small doses — try donning one piece at a time or as an accent.

Take a flyer with an aviator jacket

It’s September, so that — sadly — means it’s time to pack those sandals and cargo shorts away to clean up and suit up for fall. But what’s hot for this cool season when it comes to menswear? Here are some ideas to get you started.

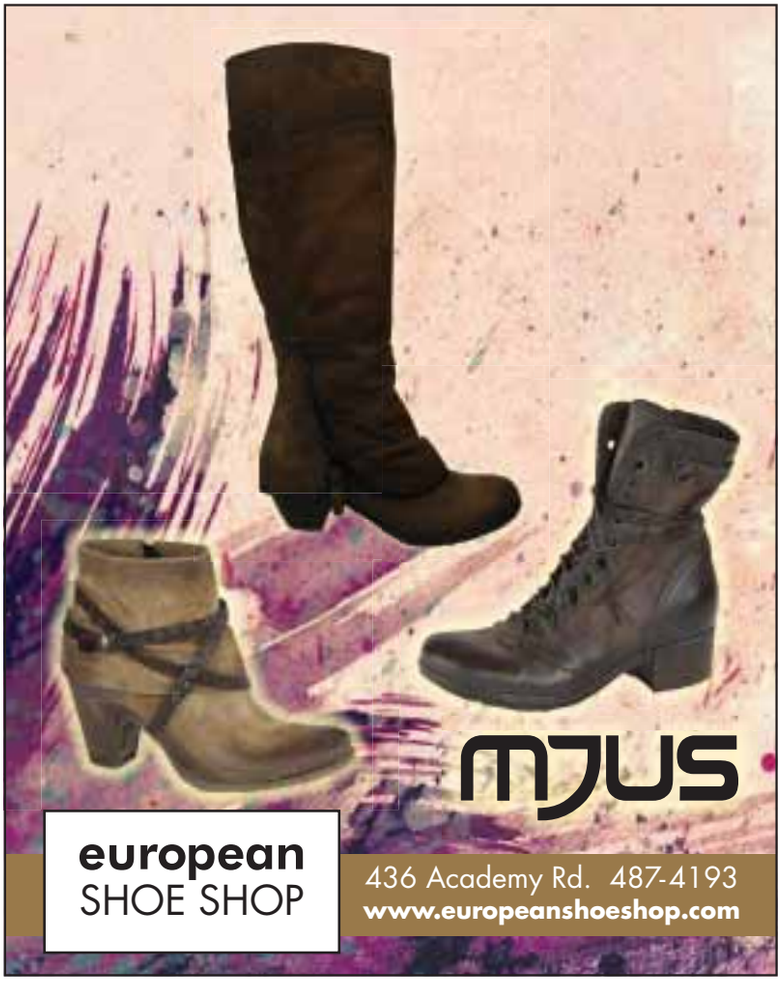
You can warm things up with your colours — think beige, camel, tobacco, navy, khaki and grey. “Black, white and light blue for classic suits and party looks also work,” notes Karen Richter, the Toronto-based showroom manager for H&M Canada. “And bright orange is the accent colour of the season.”

Looking for a new sweater? Think texture when shopping around, says Tara Wickwire, The Gap’s Toronto-based public relations director — as in marled cardigans, fine gauge merino striped V-necks and contrast knit sweater jackets. “The cardigan continues to be popular with men — and such an essential layering piece over dress shirts and T-shirts,” says Wickwire.

And as the wind chills down, another look to heat up with is a leather outer jacket.

Leather not for you? Don’t rule out pea coats in wool or wool/cashmere blends. “You can pair them with cashmere toques and colourful knit scarves in stripes, checks and fairaile patterns,” says Shannon Stewart, Harry Rosen’s Toronto-based merchandise manager for sportswear. Other popular outer covering choices include trench coats, narrow cut blazers and military-style coats. ASTRID VAN DEN BROEK

ANDREAS SJÖDIN/H&M PHOTO



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KILDONANPLACE.COM

Prepare your garden for winter

Stop pests from setting up in your veggie patch in the cooler months ◗ Now's the time to plant spring bulbs

DIY IDEAS

Once the cooler weather arrives there are many things that gardeners — both pro and amateur alike — should be doing to keep their landscapes healthy.

Follow these simple guidelines through the fall and your efforts will be rewarded in the spring, with a garden that looks better than ever thanks to the work you're doing now.

From simple upkeep to major overhauls, Renovation Realities airs on DIY Network Canada, proving that even in home improvement the truth is often stranger than fiction.

Follow these renos as budgets skyrocket and tempers flare — with a great reveal at the end.

Lawn care

Now is the time to start adding new seed to dead or bare patches on your lawn.

After spreading it, ensure you keep the new seeds moist by watering them daily until they germinate.

Do your best to keep falling leaves off the seeds, without disrupting them from the ground.

Vegetable gardens

At this time of year you must clean up your vegetable garden as the old plant debris that is found there becomes a home for pests and diseases in the cooler months.

So get it off the garden and into the compost pile.

There are still some crops that are great going into fall that will keep your vegetable garden active, including broccoli, kale, and squash.

Most of these fall crops actually taste better after a few light frosts, so be patient with them!

Landscaping

This is the absolute best time of year to plant trees and shrubs because it allows months for a healthy root system to develop without the foliage baking in the heat of summer.

Once planted, ensure your new plants are watered at least once a week.

Flower gardens

Plant your spring bulbs now, or store them in a cool, dry place.

ISTOCK

▶ A little landscaping now will reap beautiful rewards in the spring.

Start thinking about your spring colours and plant bulbs for tulips, daffodils, crocus, iris, and hyacinth.

You can also divide your perennials and plant perennial seeds for next spring.

RENOVATION REALITIES AIRS WEEKDAYS AT 8:30 P.M. ET/PT ON DIY NETWORK CANADA

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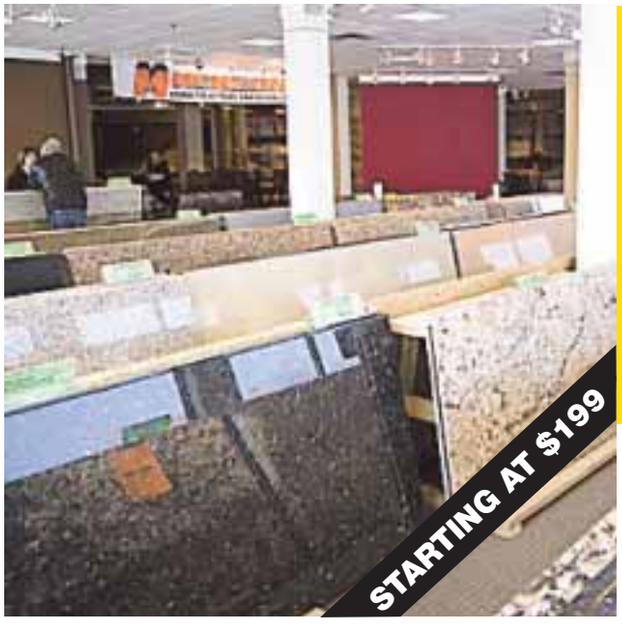

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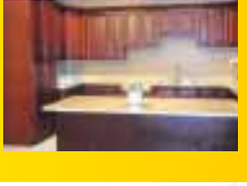

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Art Deco style

The mix of modern and luxury collided between the two world wars

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

I love to buy interesting-looking furniture that has a story, history or is from an era back in time.

Although I like older things I tend to veer toward modern lines, which can be hard to find when you love vintage and antique furnishings.

Enter my new best friend: the Art Deco era.

The furniture was simple in design and glamourous to look at. Exotic woods, shagreen, ebony and ivory were just a few of the exotic elements that made Art Deco furnishings so special.

Clean lines, unfussy style and patterns make for an easy to live with aesthetic for anyone who wants a bit of history and a modern look in their space.

▶ Ralph Lauren uses many Art Deco elements.

▶ Barbara Barry Side Table, $3,100, Baker Furniture

Starburst Mirror, $190, Sears

ALL PHOTOS CONTRIBUTED

▶ Grayson Chair, $840, Crate and Barrel.

Elite Floor Grates, $18, Home Depot

Get the look:

- Art Deco is a minimalist, uncluttered look.
- Use streamlined furniture, geometric patterns and sweeping curves.
- Decorate with rich red, black or any dark lacquered wood, table trays and serving platters.
- Upholster furniture in solid colour fabric, or use geometric patterned fabrics for cushions or chairs.
- Animal printed carpets and accessories are a perfect choice.
- Use curvaceous accessories like vases and sculptures to break up all the clean, straight lines.
- Inject a stylized sunburst shape.

Classic simplicity

Characteristics of the Art Deco style:

- Simple, clean lines
- Slight arched tops, light brass or gold accents
- Masculine colours like black, brown or grey
- Walnut brown wood stains, high-gloss finishes

A little history:

- Although Hollywood made the Art Deco look famous, the clean-lined luxurious era was invented in Paris.
- Art Deco has influenced fashion, interior design, architecture, industrial design and visual arts. It resurged in the 1980s with black lacquered furnishings.

KEEP PAW PRINTS IN THE PARK

CHARLES THE BUTLER

ASKCHARLES THEBUTLER@METRONEWS.CA

FOR MORE, VISIT CHARLES MACPHERSON.COM

ISTOCK

▶ A nice clean dog makes for a cleaner house.

Hello Mr. Butler,
Our busy lives include both young children and a medium-sized dog that we love!

Often after a walk through the park the dog's paws and legs are wet and or have some mud on them.

Do you have some cleanup tips, so that Jerry (our dog) does not get the carpets, and in some cases the furniture, soiled?
Thank you!
Dog Lover

Dear Dog Lover,
I know exactly what you are faced with, as I used to take care of my employers' two dogs (the fabulous Ms. Gigi and the wonderful Ms. Beauty!)

This is what I did: I went to the dollar store, and bought two dozen really cheap matching face cloths and two small wicker baskets.

I then left these near my side door, under the bench, where I would sit to tie my shoes.

Every time I would walk the dogs, I trained them to sit as soon as we got inside the house and I would then use the clean, dry cloths to wipe their feet.

I would then place the used cloths in the second basket.

On laundry day, the dirty cloths would be washed with all of my household cleaning rags, and replaced.

Harvest time and the cooking is easy

With fall hitting the calendar, food is making its transition from light to hearty Try this Pork Tenderloin with Cherry Rhubarb Compote For dessert, serve up a sweet Fruit Cobbler

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

With cherries and rhubarb, this compote comes together perfectly.

Meanwhile, a little crust on the pork tenderloin gives it a golden brown colour and great texture.

Serve this up as an appetizer, however it makes an easy dinner as well with your favourite pinot noir.

EMILY RICHARDS

▶ This recipe makes about 24 pieces.

Preparation:

1. Cherry Rhubarb Compote: In saucepan, combine rhubarb, cherries, brown sugar and butter over medium heat and stir occasionally until butter is melted. Cover and cook for 5 minutes. Stir and remove from heat.
2. Meanwhile, in shallow dish combine breadcrumbs, parsley, garlic and thyme. Spread mustard all over pork tenderloin and sprinkle with salt and pepper. Roll and press breadcrumb mixture all over pork tenderloin.
3. In oven proof skillet, heat oil over medium high heat and brown tenderloin on all sides. Place skillet in 400 F (200 C) oven for about 20 minutes or until hint of pink remains and thermometer inserted in tenderloin reaches 155 F (68 C). Let stand 5 minutes before slicing.
4. Serve 1 pork slice on baguette slice and top with compote. Repeat with remaining pork, baguette and compote.

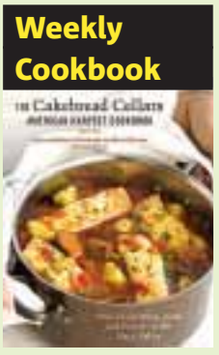
Ingredients:

- 1/4 cup (50 mL) panko breadcrumbs
- 1 tbsp (15 mL) chopped parsley
- 1 clove garlic, minced
- 1/2 tsp (2 mL) chopped fresh thyme
- 2 tsp (10 mL) Dijon mustard
- Pinch each salt, pepper
- 1 pork tenderloin, about 12 oz/375 g
- 1 tbsp (15 mL) canola oil
- 1 baguette, sliced

Cherry Rhubarb Compote:

- 1 cup (250 mL) chopped fresh rhubarb
- 3/4 cup (175 mL) halved pitted cherries
- 2 tbsp (25 mL) brown sugar
- 1 tbsp (15 mL) butter

Weekly Cookbook



Every September during harvest season, the Cakebread team invites five up-and-coming chefs and local farmers to its winery for tasting, cooking and sharing.

In The Cakebread Cellars American Harvest Coobook, Jack Dolores and culinary director Brian Streeter present 100 recipes and wine pairings developed by these chefs.

Among the dishes are: Autumn Squash Soup with Puff Pastry, Roast Halibut with Chorizo and Spicy Tomato Broth, Barley-Mushroom Risotto, Moroccan Lamb, Four-Cheese Cheesecake with Strawberry-Rhubarb Compote and more.

Fruit of the Day Cobbler

Why call this Fruit of the Day Cobbler? Because you can use any seasonal or farm stand fruit you love. Try apples and pear in the fall and strawberries with rapsberries in the spring.

You can also try sliced peaches, pears or apples, a mix of sliced peaches and bluebrries, a mix of sliced apples and dried cranberries, a mix of blueberries, blackberries, strawberries and raspberries.

Serve the warm cobbler with low fat frozen yogurt.

THE CANADIAN PRESS H/O

Preparation:

1. Preheat oven to 190 C (350 F). Arrange fruit in bottom of 23-by-23 cm, 20-by-20 cm or 28-by-18 cm (9-by-9 inch, 8-by-8-inch or 11-by-7-inch) baking dish.
2. Sprinkle 30 ml (2 tbsp) of sugar over fruit. Set aside. In bowl, combine flour, baking soda, cinnamon and salt. Mix with fork and set aside.
3. In mixing bowl, beat butter and remaining 75 ml (1/3 cup) sugar until blended and smooth. Beat in egg and vanilla. Beat in half of the flour mixture. Beat in milk. Beat in remaining flour mixture and almonds.
4. Drop spoonfuls of batter on top of the fruit, leaving a 1-cm (1/2-inch) border all around edge of the dish to leave room for expansion.
5. Bake for 40 until top is golden brown and fruit is tender and bubbly. Let cool 5 to 10 minutes before serving topped with frozen yogurt, if using.

THE CANADIAN PRESS/ ALMOND BOARD OF CALIF

Ingredients:

- 1 l (4 cups) fresh fruit or frozen fruit (about 1 kg/2lb) partially thawed if frozen
- 75 ml (1/3 cup) plus 30 ml (2 tbsp) sugar, divided
- 250 ml (1 cup) all-purpose flour
- 5 ml (1 tsp) baking soda
- 5 ml (1 tsp) cinnamon
- 1 ml (1/4 tsp) salt
- 50 ml (1/4 cup) butter, softened slightly
- 1 large egg
- 5 ml (1 tsp) vanilla extract
- 50 ml (1/4 cup) milk
- 125 ml (1/2 cup) chopped whole natural almonds
- 500 ml (2 cups low-fat frozen yogurt (optional)

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NFL targets fake injuries

Memo warns teams of possible fines, suspensions, loss of draft picks for those caught faking

To the fake handoff and fake field goals, add fake injuries.

The NFL sent a memo yesterday to all 32 teams warning of fines, suspensions and loss of draft picks if the league determines players faked injuries during a game. Yet several players admit its an accepted practice, and some coaches hinted they are not above condoning phoney injuries if it provides a competitive edge.

"I've been places where it has been (taught)," said Browns linebacker Scott Fujita, a member of the players' union executive committee. "They have a name for it and I've been places where it's been precalled. I've been places where it's one player who has been designated. Maybe I'm getting everyone in trouble, but I'm just being honest."

In the memo obtained by The Associated Press, the NFL reminded teams of league policy that calls on coaches to discourage the practice. There is no specific rule on the topic.

Nonetheless, two days after there was speculation the Giants' Deon Grant faked an injury against the Rams during Monday night's game, the NFL is warning of disciplinary action.

Rams coach Steve Spagnuolo said Tuesday the team notified the league office that it suspected the Giants were feigning injuries in St. Louis' 28-16 loss. Rams quarterback Sam Bradford said it was obvious the Giants were just buying time with St. Louis running a no-huddle offence.

"It's all tactical stuff you need to use. Whatever it takes."
RAVENS ALL-PRO SAFETY ED REED ON FAKING INJURIES

"They couldn't get subbed, they couldn't line up," Bradford said. "Someone said, 'Someone go down, someone go down,' so someone just went down and grabbed a cramp."

Grant was adamant about not having faked anything.

"I could see if I was walking and fell," he said yesterday, speaking passionately and barely taking a breath. "When you see after I made that tackle and bang my knee on that play, you see me bending my knee as I am walking. ... (Teammate Justin) Tuck is walking behind me and saying 'D don't run off the field. Just go down.' As I am walking, they line up, and knowing that I can't get back in my position because of the knee injury, I went down."

THE ASSOCIATED PRESS

JULIO CORTEZ/THE ASSOCIATED PRESS

▶ New York Giants defensive back Deon Grant is helped up by trainers during the first quarter of a game against the St. Louis Rams on Monday night.

4 sports

Quoted

"It's just time. I didn't get any calls after July 1 and I figured that was it."
MIKE MODANO, WHO ANNOUNCED YESTERDAY THAT HE IS RETIRING AFTER 21 SEASONS IN THE NHL, A CAREER THAT INCLUDES A STANLEY CUP CHAMPIONSHIP ALONG WITH 561 GOALS AND 1,374 POINTS – BOTH OF WHICH ARE RECORDS FOR U.S.-BORN PLAYERS.

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VALKYRIES' WRATH
VS:
THE CORPORATION
WHO WILL BE CROWNED QUEENS of the TRACK?

TONY BRICK/THE ASSOCIATED PRESS

▶ Finland's national rugby team, wearing white, take on Greece in Helsinki during a match in June.

Finns stuck at the bottom of the scrum

Finland on outside as Rugby World Cup rages ◗ 'Every game we play is just as important for us': Team captain

As the world's best rugby teams continue their quest for World Cup glory in New Zealand, spare a thought for players on the other side of the globe, and at the other end of the skills spectrum.

Make that Finland, officially the worst rugby team in the world.

The International Rugby Board (IRB) ranks qualified national teams from leading New Zealand at No. 1 to 93. Finland props up the bottom of the table, languishing behind even lesser rugby nations such as Cameroon, Guam and Peru.

Team captain Steve Whittaker, a 35-year-old Englishman who's lived in Finland for more than a decade, however, begs to differ.

"Is it fair to say we're the worst team in the world? No. Quite clearly not," says Whittaker.

"Yes, we are ranked last in the IRB rankings, but there are many countries that are not ranked, so therefore technically, theoretically below us."

"I think the whole ethos of rugby, respecting your opponent and the sort of honesty that's involved with the sport would fit ideally to the Finns."
FINNISH RUGBY PLAYER VILLE SIISKONEN

Finland plays in the European Nations Cup (ENC) tournament with Bulgaria, Greece, Luxembourg and Cyprus. But the country can only advance in the IRB standings by beating other IRB-ranked teams, and in its ENC group only Bulgaria fits that criteria.

Recent wins against Greece, and non-ENC, non-IRB Estonia don't do the Finns any good.

"If we would dump Finland right in the middle of the Caribbean, we would be a lot higher" says prop Marc-Olivier Meunier, a Frenchman with four caps for his adopted nation.

"Look at the ranking of Caribbean teams. Look at the ranking of Tahiti. If we play against them, we would most probably beat (them) and go much higher."

But ranking rankles aside, Whittaker says some of the key challenges facing Finnish rugby are money and participation, which can build up the sport from the club level through to the national team.

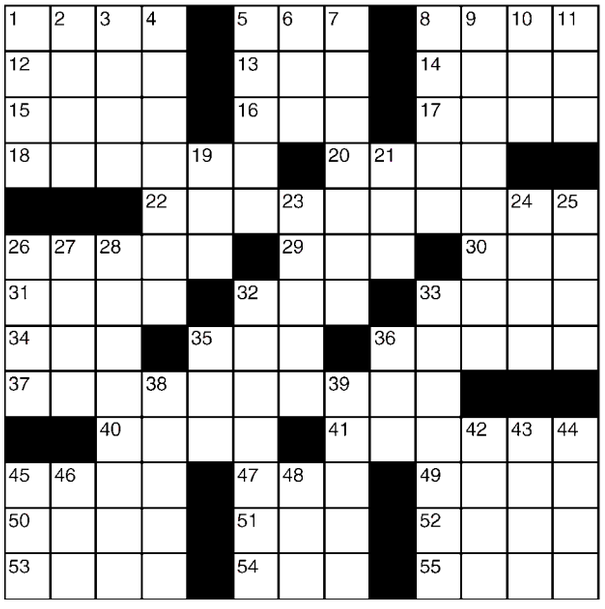
"Nobody takes a chance on Finnish rugby in terms of financial input, because we don't give them anything" says Whittaker.

"But because we don't have the financial backing like the bigger countries, we can't proceed, we can't excel in the ranks, and so we don't have anything to offer."

The IRB says it's doing what it can to improve rugby in Finland, providing grants to promote the sport in schools through touch and flag-rugby projects.

THE ASSOCIATED PRESS

Crossword



Across

1 Farm building
5 Weeding tool
8 Constellation component
12 Waikiki wingding
13 Raggedy doll
14 Buckeyes' home
15 Ear-related
16 — U.S. Pat. Off.
17 Ranch visitor
18 Lassie, for example
20 Somewhere out there
22 "The Phantom of the Opera" actress
26 Drink eagerly
29 Praise in verse
30 "CSI" evidence
31 Geologic periods
32 Payable
33 Dry gully
34 Melody
35 Round Table address
36 Silky synthetic
37 Feign sleep
40 Darling
41 Katmandu resident
45 Nickel, e.g.
47 Big bother
49 Secondhand
50 A couple of cups
51 Cattle call?
52 Seven Dwarfs' workplace
53 Bit of plankton
54 Pismire
55 Lip

Down

1 United nations
2 Car
3 Bar
4 Core
5 Sultan's wives
6 Individual
7 Fencer's warning
8 Malt shop orders
9 Thanksgiving, e.g.
10 Succor
11 Shad product
19 Mischievous tyke
21 Adversary
23 Thine
24 Loosen
25 Primary
26 Bound
27 Seed covering
28 Showing off
32 3-D replica
33 Tribal funds
35 Resort
36 Regret
38 Busybody
39 Nose, slangily
42 Largest of the seven
43 Camera part
44 Mid-month date
45 Bookkeeper (Abbr.)
46 Art medium
48 Announcer Pardo

▶ Yesterday's answer

Sudoku

	4	8				6	1	
			6		2			
3	2			8			4	5
		5	1		4	3		
4								8
		9	8		5	1		
5	1			9			8	7
			7		3			
	9	2				4	6	

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

5	4	3	9	8	2	1	7	6
2	8	7	1	5	6	4	9	3
6	9	1	7	4	3	2	8	5
8	5	4	2	6	7	3	1	9
1	7	9	5	3	8	6	4	2
3	2	6	4	9	1	8	5	7
4	1	5	3	2	9	7	6	8
7	6	2	8	1	5	9	3	4
9	3	8	6	7	4	5	2	1

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Muffin, Just wanted to let you know how much my heart aches for you. Everyday feels like I'm falling in love again,Your love is like sunshine on a rainy day, with you is where I want to stay each and every day. Thank-you for loving me, I do adore you never forget that! Love **PIE**

*Romeo(zobia)
Hii, Babeee!!! I honestly cant wait till you propose me.. I know you wanna but can not find the courage...Babe I really LOOooooOOVe you..Just hold my hand and dont let go and I promise our love will be strong.. Everything Takes time Babe we will get through this hard time, as long as we are together nothing matters. These four years have been the best years of life.. thx for everything.. I reeally really love you :)* **JULIET**

A look at the weather

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

BT BREAKFAST TELEVISION

TODAY	FRIDAY	SATURDAY
Min -2° Max 15°	Min 11° Max 24°	Min 12° Max 26°

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 You need to make the first move in personal relationships and Venus, planet of love, will help you today.

♉ Taurus April 21-May 21 No matter how busy you may be, you must set aside some time for gazing at the bigger picture.

♊ Gemini May 22-June 21 For some reason, everyone wants to be nice to you today. It's nice to be so much in demand.

♋ Cancer June 22-July 22 Try to be a bit more forgiving of someone who has let you down.

♌ Leo July 23-Aug.23 You seem to be brooding on things that are over and done with. You cannot go back and change the past.

♍ Virgo Aug. 24- Sept. 22 If you need to approach a loved one or family member for assistance do so — this very minute.

♎ Libra Sept. 23-Oct. 23 Anything seems possible, but how much you achieve depends on whether you make an effort.

♏ Scorpio Oct. 24-Nov. 22 You are incredibly ambitious of late, but don't be too pushy today.

♐ Sagittarius Nov. 23-Dec. 21 The planets urge you to form alliances with people who share your aims and ambitions.

♑ Capricorn Dec. 22-Jan. 20 If you need to impress someone in a position of authority, do it now.

♒ Aquarius Jan. 21-Feb. 18 The planets make it easy for you to get away from your current environment. Start your journey.

♓ Pisces Feb. 19-March 20. You may be tempted to splash out on a luxury, but is that really a good idea? Think. SALLY BROMPTON

Caption contest

OWEN HUMPHREYS/ THE ASSOCIATED PRESS

JUNJI KUROKAWA/ THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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"Teen Challenge helped me get my dad back!"
— TAYLOR

I came to Teen Challenge very desperate. Surrounded by drugs and the life that comes with it. My life took a turn for the worse and I lost the opportunity to see my daughter on a regular basis. I finished the 12 month program a changed man. I've been clean for three years now, and the best part is, my girl is now part of my life full-time. — AJ